

## Comfortably Unaware Global Depletion And Food Responsibility What You Choose To Eat Is Killing Our Planet Richard Oppenlander

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### Comfortably Unaware Global Depletion And

Global warming is but one component of global depletion. Comfortably Unaware insists that animal agriculture, including fishing and aquaculture (factory farming of freshwater and sea creatures for human, companion and farmed animal consumption), is the primary cause of global depletion - the loss of our renewable and nonrenewable resources including our drinking water, air quality, land, oceans, rainforests, and biodiversity.

### Amazon.com: Comfortably Unaware: Global Depletion and Food ...

You can turn your head the other way, but the process continues. It continues at the detriment and ill fortune for the animals, for our health, and for the health of our planet. until this moment, most people have been comfortably unaware with regard to food responsibility and global depletion.

### Comfortably Unaware: Global Depletion and Food ...

Comfortably Unaware maintains that our food choices are depleting our planet's resources because "the major cause of biodiversity loss on our planet is from the livestock we raise for food and from overfishing of our oceans," and calls for the consumer to be aware of the brainwashing by the media and become more educated on how to make choices that will save our planet.

### Comfortably Unaware - Global Depletion and Food ...

Ellen DeGeneres recommends "Comfortably Unaware" as a MUST-READ! Click here to read Ellen's thoughts on Dr. Richard Oppenlander's book! Tweets by @DrOppenlander. Video of the Month. Dr. Oppenlander explains how what we choose to eat is destroying our planet. ... ©2010-17 Comfortably Unaware.

### Comfortably Unaware :: Home

This book is all about global depletion and the ONLY viable way to reverse it--by replacing most of the world's animal-based calories with plant-based calories in the next few years. Sadly, the world's most prominent leaders are "comfortably unaware" of this world-changing information.

### Amazon.com: Comfortably Unaware: What We Choose to Eat Is ...

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### Amazon.com: Customer reviews: Comfortably Unaware: Global ...

In "Comfortably Unaware", Dr. Richard Oppenlander tackles the crucial issue of global depletion as it relates to food choice. Do you know the true cost of the food you eat every day? What resources were used and what was destroyed in order to get that food to your plate?

### Comfortably Unaware :: Comfortably Unaware

Comfortably Unaware He is the author of "Comfortably Unaware: Global Depletion and Food Choice Responsibility", which gained immediate media attention and rave reviews by readers. He is a restorative dentist He is also president and founder of an organic vegan food production company called Ope's.

### Comfortably Unaware | Planet | Health Healing & Happiness ...

Carbon dioxide is most commonly associated with global warming, but in Comfortably Unaware, Dr. Richard Oppenlander argues that while it's important to minimize CO2 emissions from cars and industry, "the single most devastating factor that affects global warming and our environment is caused by what you eat."

### Comfortably Unaware :: Media

Oppenlander's inaugural book, "Comfortably Unaware", explores the disparate gap between the ways in which we nod to sustainable movements, yet often ignore the very issue that is fast-depleting our planet of its resources.

### Comfortably Unaware :: Speaking

In Comfortably Unaware Dr. Richard Oppenlander tackles the crucial issue of global depletion as it relates to food choice. Do you know the true cost of the food you eat every day? What resources were used and what was destroyed in order to get that food to your plate?

### Comfortably Unaware - Global Depletion and Food ...

Comfortably Unaware maintains that our food choices are depleting our planet's resources because "the major cause of biodiversity loss on our planet is from the livestock we raise for food and from overfishing of our oceans," and calls for the consumer to be aware of the brainwashing by the media and become more educated on how to make choices that will save our planet.

### Amazon.com: Customer reviews: Comfortably Unaware - Global ...

With Comfortably Unaware as well as with his speaking engagements, Dr. Oppenlander addresses the fact that our current choices of foods are causing Global Depletion--the loss of our land, water, air/atmosphere, food supply, biodiversity, energy resources, and our own health.

### COWSPIRACY - Comfortably Unaware

Comfortably Unaware (2012) is about the impact our food choices are having on the planet. It explains how the animals that are raised for us to eat end up polluting our waters, soil and air, and why our natural resources are poorly managed.

### Comfortably Unaware by Dr. Richard A. Oppenlander

Synopsis In Comfortably Unaware Dr. Richard Oppenlander tackles the crucial issue of global depletion as it relates to food choice. Do you know the true cost of the food you eat every day? What resources were used and what was destroyed in order to get that food to your plate?

### Comfortably Unaware - Global Depletion and Food ...

Publisher Description In Comfortably Unaware, Dr. Richard Oppenlander tackles the crucial issue of global depletion as it relates to food choice. Do you know the true cost of the food you eat every day? What resources were used and what was destroyed in order to get that food to your plate?

### Comfortably Unaware on Apple Books

Author of "Comfortably Unaware: Global Depletion and Food Choice Responsibility," Dr. Oppenlander is a sustainability and wellness advocate, writer, and speaker committed to improving the health of our planet. Through literary work or in person, he brings an eclectic combination of experiences regarding this topic spanning the past 40 years.

### Richard Oppenlander, Comfortably Unaware | RESPONSIBLE ...

Comfortably Unaware by Oppenlander, Richard A. (ebook) Comfortably Unaware: Global Depletion and Food Responsibility by Richard A. Oppenlander. In Comfortably Unaware, Dr. Richard Oppenlander tackles the crucial issue of global depletion as it relates to food choice. Do you know the true cost of the food you eat every day?

### Comfortably Unaware by Oppenlander, Richard A. (ebook)

Richard Oppenlander, DDS, author of Comfortably Unaware: Global Depletion and Food Choice Responsibility. He is a sustainability and wellness advocate, writer, and speaker committed to improving...